ALCHIMIXE



THE ALCHIMIXE GPS GUIDE · ENERGY

The seasons *of your drive.*

Why some years weigh more than others,
and how to choose the moment to start again.

TO BEGIN

Why does this year feel so heavy?

You haven't changed a thing, and yet everything feels heavier. Projects are waiting, mornings drag on, and you're no longer sure where to pick things up again.

Some years slip by and leave no trace. And then there's this one. The old astrologers had a surprisingly simple answer: **maybe it isn't you. Maybe it's the room you're in.**

This little guide is about drive, spirits and rhythm: the seasons that push you forward, and the ones that ask you to wait. It helps you see where you stand, and choose the day to set off again.

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IF NOTHING CHANGES

What if this heavy year dragged on?

A heavy year gives no warning. It settles in.

You put it down to work, the season, your age. You wait for it to pass. And meanwhile you swim against the current: you launch at the wrong moment, you wear yourself out pushing a door that would open on its own a few weeks later.

12	rooms in your chart. You spend a whole year in each one.
7	seasons of 52 days. Knowing which one you're in changes how you move forward.
1	yellow window every month: the week to restart, launch, begin again.

The good news

A year has a rhythm, and that rhythm can be read. The rest of this guide gives you your room, your seasons and your windows to restart.

HOW WE SEE IT

Your birth chart is your map. Alchimixe is the GPS.

A map shows where you start from. A GPS tells you when to turn.

Your birth chart shows what comes easily to you and where things rub: that's the map. But a map isn't enough to move forward. You need to know **when** to act, in every direction of your life: love, money, work, energy, luck. That's the GPS's job.

A moment. A form. A bond.

The Moment: reading the weather in the sky. People of old read the sky before they sowed, set out or built.

The Form: giving your intention something to hold on to. An engraved number, a symbol you carry.

The Bond: carrying your intention with others, at the right rhythm.

> *The only new thing is what has been forgotten.*
>
> Antoine de Saint-Christophe, forty years in his workshop in Herstal

We are not psychics. We promise nothing. We read the sky, and we show you how to read it for yourself.

WHERE IT COMES FROM

Four kinds of slump

A dip in drive doesn't always have the same cause. Which one sounds like you?

1 · The heavy year

Nothing has changed, and everything weighs on you. Your year may have moved into a room with no window.
Try this: find the room of your year (page 7).

2 · The rut

The same weeks, the same commutes, no spark left. Drive wears thin when nothing new comes along.
Try this: move just one thing in your week.

3 · The age turning point

30, 40, 48, 50, 60: the question "is this still me?" comes back.
Try this: look at what happened twelve years earlier (page 8).

4 · The end of a cycle

You no longer feel like starting things, only finishing them. It's the season for clearing up before you set off again.
Try this: finish, sort, let go (page 10).

The hard-year test

Your date of birth is all it takes: you'll know which room of your chart your year is happening in, and which planet rules it. Free, no sign-up.

alchimixe.com/en/energy/why-is-this-year-so-hard

YOUR MAP

What your chart looks at for drive

Mars, where you fight

André Barbault describes Mars as the point in the chart where you struggle hardest, where you come up against reality. He sees three forms of it: an energy that conquers, an impulsiveness that breaks things, and a force held back that can't find its way out. The house Mars sits in tells you on what ground your drive plays out.

The Sun, where you shine

The room your Sun stands in shows where you take the wheel, and what gives you back your light.

The Entrance, the way you arrive

The first house begins at the Ascendant, the point on the horizon that was rising when you were born. Barbault reads temperament there: the way you meet whatever comes. And the planet that rules your Entrance holds the key: wherever it has settled, Morin de Villefranche read the direction of a life.

The Mars move: give Mars a fixed appointment, three times a week. A brisk walk, a swim, a garden to dig. Not to calm yourself down: so that Mars has a room of its own.

Open your house

Date, time and town of birth: the plan of your twelve rooms takes shape, and you see where Mars and the Sun are.

THE FIRST CLOCK

The room of your year

The Greek astrologers, and the Arab astrologers after them, moved forward one room a year through the chart, on every birthday. This clock is called **profection**. You can work it out on your fingers:

> Take your age at your last birthday and subtract 12 as many times as you can.
> The remainder plus one is the number of your room.

YOUR AGE	THE ROOM	WHAT IT PUTS CENTER STAGE
12, 24, 36, 48, 60	1 · the Entrance	you, the way you arrive
6, 18, 30, 42, 54	7 · the Door Opposite	the other person, whoever stands facing you
11, 23, 35, 47, 59	12 · the Closed Room	what you carry alone

The planet that rules the room you've reached becomes the *lord of the year*. Martin Gansten, who compared the Greek, Arabic and Indian schools, sees it as the most consistent marker of a year.

And Alexandre Volguine left a rule that brings relief: the great configurations of the slow planets belong to an era, not to a person. They only become yours if they touch the strong points of your chart.

> *Even in an ill-disposed year, there is still a chance to turn bad fortune around through intelligence and will.*
>
> Junctin de Florence (16th century), as reported by Volguine

LIFE'S APPOINTMENTS

The turning points of age

Some ages come around in every life. Here is what the old books say about them, and what modern readings add, which we mark as such.

Around 29	First Saturn return MODERN . You leave behind what you had chosen out of habit.
30 and 42	The Door Opposite: the subject of the year is the person who stands facing you.
From 38 to 44	Uranus opposition MODERN : the urge to change what no longer feels like you.
40	The Garden, the room of pleasure. Its move: do one thing that serves no purpose except to delight you.
48	Fourth return to the Entrance. What others see first: is it still true?
50	The Hallway, the room of those close to you and of messages. Its move: send the message you keep putting off.
Around 58	Second Saturn return MODERN : what do you have to pass on, and to whom?
60	Fifth return to the Entrance: the house hands you back your keys.

The twelve-year game. Your room comes back every twelve years. Think back to the year when you were your current age minus twelve: what happened then? Over twelve years, every life has its coincidences; the game proves nothing, it helps you see what comes back.



THE LONG VIEW

When Saturn returns

Saturn takes twenty-nine and a half years to travel around the zodiac. It comes back to its birth position first around age 29, then around 58.

This return doesn't happen on one day: it lasts a season. Across twelve thousand births simulated with our site's engine, Saturn crosses the exact point three times in four cases out of ten, over a span that can come close to ten months. **If it felt like it would never end, that's because it didn't.**

The old texts are harsh: Junctin saw obstacles in one's undertakings. April Elliott Kent's modern reading flips the coin: the first return is a wake-up call, the second opens the role of the one who passes things on. Four centuries apart, the same finding: Saturn asks you to take stock. What counts is what you do with it.

Date your two returns: your birth date plus 29 and a half years, then plus 59 years. Look at the twelve months around each date. Not an event: a review. What did you stop? What did you decide to keep?

THE SECOND CLOCK

The seven seasons of your year

Your year doesn't begin on January 1st, but on your birthday. And 365 days is almost exactly seven times 52 days. Antoine took this cycle from H. Spencer Lewis's *Cycles of Life*.

1 · Recognition	The Sun. Get yourself seen, look for support. You sow; you don't sign yet.
2 · Movement	Mercury. Get moving, try things, meet people.
3 · Energy	Venus. A powerful push: persuade, launch whatever needs momentum.
4 · Ideas	The Moon. Write, learn, prepare.
5 · Achievement	Mars. Stand up for your projects, ask, dare.
6 · Pleasure	Jupiter. The real holiday of your year.
7 · Rebuilding	Saturn. You finish, tidy up, take stock.

If you're in your seventh season, your slump has an end date: **your birthday will set everything moving again**. Keep your spirits up, and prepare the ground.

Work out your seven seasons

Enter your date of birth: in a second, you'll know which season you're in, and when it ends.

THE THIRD CLOCK

The right time to start again

The yellow window · drive

From the new Moon to the first quarter. The Moon is reborn and grows every evening: this is the window for beginning, launching, restarting, and getting your confidence back. Its element is fire, its solid the tetrahedron.

Twisted days

Antoine's tradition advises steering clear of the three days before the new Moon, and waiting three days after it to launch anything that matters. So the best time to start again is the heart of the yellow window.

Lucky days

The Perpetual Table of Days counts 52 lucky days a year. When one of them falls inside the yellow window, it's the ideal day for your first step.

The seven periods of the year

Another old clock, Junctin de Florence's, handed down by Volguine, cuts the year into seven unequal periods, from 30 to 85 days long, starting from the Sun's return. The series begins with the planet that rules the Ascendant of your birthday, worked out for the place where you are: your birthday isn't just a date, it's also a place.



Which period are you in?

The calculation runs on your device. Nothing is sent anywhere.

YOUR MARKERS

Your windows to start again, through April 2027

The yellow window runs from the new Moon to the first quarter. The last column leaves out the three days after the new Moon and the days to avoid. Dates in Brussels time (CET), which is also Paris time.

MONTH	YELLOW WINDOW	TO START AGAIN
November 2026	Nov 9 to 17	Nov 13, a lucky day
December 2026	Dec 9 to 17	Dec 12 to 17, except the 15th
January 2027	Jan 7 to 15	Jan 10 to 15
February 2027	Feb 6 to 14	Feb 9 to 14, except the 10th
March 2027	Mar 8 to 15	Mar 12 or 14, lucky days
April 2027	Apr 7 to 14	Apr 11 to 14

How to use it

Pick the one thing you want to get going again, then place your first step in the “to start again” column. A lucky day is flagged when there is one. For the rest of the month, you prepare, tidy up and wait.

Lunations calculated with Swiss Ephemeris and checked against Astronomy Engine. Lucky days and days to avoid: the Perpetual Table of Days. These are symbolic markers: they never replace an urgent medical, legal or financial decision.

THE RITUAL OF THE DIRECTION

Your step for the month

In the workshop's tradition, a wish becomes real when it is given a moment and a gesture.

1. **Choose just one thing to get going again.** A project left hanging, an activity that used to do you good, someone to see again. Just one.
2. **Write it down in one sentence.** In the present tense, and for yourself. Clear, and doable within the month.
3. **The day before, make room.** Finish one small thing that's been lingering, tidy a drawer. You don't set off with your hands full.
4. **On the chosen day, take the first step.** Inside the yellow window (page 12). Ten minutes is enough: the gesture matters more than the time it takes.
5. **Note what happens.** A diary of your days: what you did, how you felt. After three moons, you'll see your own rhythm.



Which window are we in?

Enter a date: the site tells you which Moon window is open, and what kind of wish it suits.

THE LAW OF FORM

The five solids: a form for every window

There are only five perfectly regular solids. Not one more. Euclid proved it around 300 BC, in the last book of his *Elements*.

In the *Timaeus*, Plato gives each one its element: fire is made of tetrahedra, earth of cubes, air of octahedra, water of icosahedra. The fifth, the dodecahedron, he keeps for the universe as a whole. Leonardo da Vinci drew them in 1509; Kepler looked to them for the plan of the solar system.

The calendar of forms

Antoine linked four of the solids to the four Moon windows. For drive, it's the **tetrahedron**, the form of fire, the form of the yellow window. The dodecahedron, for its part, keeps the other four in harmony at all times.

> *The solid gives your wish its form. The window gives it its moment.*
>
> The workshop of Antoine de Saint-Christophe

Today's solid

Day after day, the site works out the form of the open window, based on Antoine's calendars.



TWO STORIES FROM THE BOOKS

One day is worth a year

Alexandre Volguine describes a custom he observed in Russia and Persia. Birthdays were celebrated for three days, and people bathed the evening before, to arrive fresh and new. For it was held that whatever you do on that day, you do all year long. He saw in it the trace of a very old rule: one day is worth a year.

The same Volguine spent years comparing birth charts with the charts of the Sun's return. When the Ascendant of the year falls in the Entrance of the birth chart, he reads a very great freedom of choice there, provided you make use of it. His example: Helena Blavatsky in 1878, the year she left America for India.

> *Your next birthday is a real appointment. The room changes that day.*
>
> Alchimixe, "Why is this year so hard?"

Arrive fresh and new: a wish written the evening before, one thing finished, a place chosen.

ON YOUR OWN, OR WITH THE WORKSHOP

What the workshop does for you

This guide gives you what you need to start on your own, today. Some things take an exact calculation, an instrument or skilled hands: that's the workshop's job.

On your own, with this guide

- ✓ Spot the shape of your slump
- ✓ Find your room of the year
- ✓ Choose your yellow window to restart
- ✓ Do your gesture of the month

With the workshop

- ✓ Read your Mars, your Sun and your year
- ✓ Prepare the five solids for you, one per window
- ✓ Calculate the exact second of your birthday, and choose the city
- ✓ Send you your good days every Monday



Forty years of craft in Herstal, Belgium. Antoine de Saint-Christophe designs, builds and prepares every creation by hand: talismans, piles, machines, rituals. Nothing comes out of a warehouse.

Forty years of shapes, numbers and light

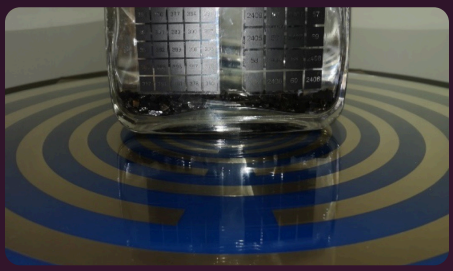
Antoine's machines are intriguing. Here they are, just as they are, in the workshop.



The five Platonic solids, in crystal.



The workshop's octagonal orgone generator.



A bottle of water on a spiral orgone plate.

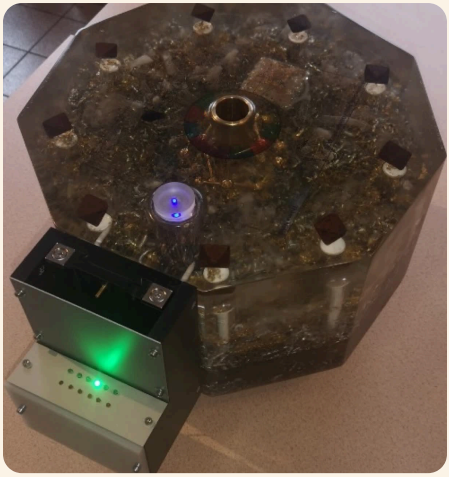


The Schumann medal, a cut rock crystal.



The Herstal workshop under black light.





THE DRIVE CREATION

The box of the five Platonic solids

There are only five perfect shapes. Antoine turned them into the calendar of your wishes: one shape for each Moon window, and the dodecahedron for harmony.

- ✓ Five clear crystal solids, about 2 cm each
- ✓ The wooden box with the five shapes cut into its lid
- ✓ The gold spiral cage and its cord, included, to wear the solid of the day
- ✓ Each solid prepared on the Commodore during its Moon window
- ✓ Guidance: the window, the element, where to place it at home
- ✓ The solid of the day, every morning, on the website

€108

The complete box. Plus shipping, 14-day returns. An object supports an intention: it guarantees no result.

Order the box →

THE ALCHIMIXE SOLUTION

Going further

This guide gives you the method. When you'd like someone to look at your own sky, here is where to start.

Tell us your situation

€18 · written reply within 48 hours

Your astrologer reads your chart and what you're going through, and replies in writing to tell you which season you're in.

The birthday trip

from €54

The exact second your year begins, and the cities where you could spend it so that it starts in the right place.

Your days, every Monday

€9 a month · cancel in one click

Your week ahead of time: your lucky days, your windows, your seasons, dated just for you.

The five Platonic solids

€108 · the set

The five perfect forms, in crystal never worn before, to follow the Moon windows.

ALCHIMIXE

There is an order behind chance.

Your birth chart, free

Your sky, your number, your square and the solid of your birth, calculated for you: alchimixe.com, under “Your free birth chart”.

> These traditional markers support your choices; they guarantee no result. This guide is about drive and rhythm: it is never a substitute for a doctor's advice.

If everything has felt dark for a long time, it isn't a matter of the sky. Talk to your doctor, or to someone who listens. Belgium: Télé-Accueil on 107, Centre de Prévention du Suicide on 0800 32 123. France: 3114. US: 988 Suicide & Crisis Lifeline · UK: Samaritans 116 123. These lines are free.

Sources: André Barbault; Morin de Villefranche; Alexandre Volguine, who reports Junctin de Florence; Martin Gansten; Benjamin Dykes, translator of Abu Ma'shar; April Elliott Kent; H. Spencer Lewis, *Self Mastery and Fate with the Cycles of Life* (1929); Plato, *Timaeus*; Euclid, *Elements*; the Perpetual Table of Days; the manuals of Antoine de Saint-Christophe. Lunations: Swiss Ephemeris.

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